



SA COMMUNITY FOODIES

Local people supporting local communities to make healthy food choices

FOODIE ACTIVITY/PROGRAM REQUEST FORM

Contact Details:

Today's Date: _____ Name of Organisation: _____
 Address where the program will be held: _____
 Contact Person: _____ Email: _____
 Phone Number: _____

Region: (please tick one)

- | | | | |
|-----------------------------------|--|---|---|
| <input type="radio"/> Gawler | <input type="radio"/> Central Eastern Adelaide | <input type="radio"/> Onkaparinga | <input type="radio"/> Mid North/ Yorke |
| <input type="radio"/> Marion | <input type="radio"/> Western Adelaide | <input type="radio"/> Northern Adelaide | <input type="radio"/> Far North |
| <input type="radio"/> South East | <input type="radio"/> Eyre & West | <input type="radio"/> Adelaide Hills | <input type="radio"/> Riverland |
| <input type="radio"/> Murraylands | <input type="radio"/> Southern Fleurieu | <input type="radio"/> Roxby Downs | <input type="radio"/> Andamooka & Surrounds |

Further Details:

Proposed date/s and timeframe for the program: _____
 Length of session: _____
 Target Group (e.g. mothers/elderly/community group): _____
 Estimated number of participants: _____

Type of activity (please tick):

- Supermarket tour Gardening Cooking demonstration
 Recipe modification Talk Other (Please specify):

Topic (Please tick):

- Lunchboxes Label reading
 Healthy eating on a budget Foodies 'key nutrition messages' (please circle)
 Healthy meal and snack ideas Eat Breakfast Drink water
 Eat more fruit & veg Eat more whole foods

If a cooking demonstration is required, please indicate which is most appropriate:

- Snack Meal

What can you supply (please tick):

- Sink access Stove Microwave Electric Frypan
 Fridge Kitchen Utensils Oven

Have these items been tagged and tested?

- Yes No

Can you provide travel allowance:

DISTANCE TRAVELLED	MONEY AMOUNT \$
0 to 15 km	0
16 to 30 km	10
31 to 50 km	15
More than 50 km	20

- Yes No

What do you want to achieve: (e.g helping older men build confidence cooking & making healthy food choices)

Terms and Conditions:

- Whether Foodies are able to attend requested activities is subject to Foodie availability. Therefore, there is no guarantee that all requests can be fulfilled.
- As Foodies don't incur costs when conducting activities or programs within the community, any associated expenses (e.g. food, travel & resources) are to be covered by the organisation requesting the activity or program.
- For legal and insurance purposes, Foodies are registered as volunteers under Unitingcare Wesley Bowden for metropolitan, ac.care for Southern Country and Unitingcare Wesley Country SA for Northern Country regions.

- I agree to the terms and conditions above

Please send completed forms to the relevant Foodies Coordinator on the Community Foodies 'request page'.